



LABORATE DURE... LUDITE DURE

WORK HARD... PLAY HARD

SKI ACADEMY

at Telluride Mountain School

Invites you to a

Dodge Ball and Dinner Party!

Sunday, February 17th

Dodge Ball Tournament 5:30-7:00 pm
at Telluride Gymnastics and Crossfit
137 Society Drive (first right after Conoco Station)

Ski Movies and Pizza Dinner 7:00-8:30 pm
Awards for Saturday and Sundays Competitions
at Telluride Mountain School, 200 San Miguel River Drive
Door prizes and goody bags will be given out

RSVP Jenny Page, Ski Academy Program Director
(970) 729-0913, email: jpage@telluridemtnschool.org



Reach your Peak at Telluride Mountain School

www.telluridemtnschool.org



Telluride Gymnastics and CrossFit, LLC.
General Release and Waiver of Liability

Athletes Name _____ Date of Birth _____

Address _____ City _____ State _____ Zip _____

Phone Number _____ Email address _____

Emergency Contact Name _____ Number _____

Medical restrictions, physical restrictions or allergies _____

GYMNASTS:

Class Level Attending _____ Semester _____ Method of Payment _____

Tuition Price _____ Registration Fee Due _____ Total Price _____

Parent Name(s) _____ Cell # _____ Work # _____

I (name of parent or legal guardian) _____ hereby consent to having (athlete's name) _____ in the programs offered by Telluride Gymnastics and CrossFit, LLC. I recognize the potentially severe injuries, including sprains, strains, broken bones, permanent paralysis or death, that can occur in any activity involving height or motion including, gymnastics, cheerleading, dancing, stunting, CrossFit or trampoline. Consequently I hereby for myself, heirs, executors and administrators, do waive and release any and all rights and claims for damages against the owner, operators, coaches and other members of Telluride Gymnastics and CrossFit, LLC from personal injury or accident of any sort or nature suffered by me (us) the undersigned, by reason of participation or membership in any programs or activities of Telluride Gymnastics and CrossFit. I hereby release, discharge and covenant not to sue Telluride Gymnastics and CrossFit, its representative administrators, directors, agents, officers, volunteers, employees, other participants and if applicable, owners and leasers' of premises on which the activity takes place. I understand that my athlete or I may be photographed while engaged in recreational activities and give permission for photographs to publicize activities for Telluride Gymnastics and Crossfit, LLC. I testify that the athlete (or we) is qualified, in good health, and in proper physical condition to participate. And I acknowledge that as an adult participant in gym activities and / or moving around the gym, with its equipment and possible uneven surfaces, there is risk of injury. I acknowledge that I accept the risk, release Telluride Gymnastics and CrossFit LLC and its agents or employees from liability for such injury and waive the option to sue. As the parent or legal guardian of the aforementioned athlete, I hereby agree to individually protect and insure for the possible future medical expenses which may be incurred as a result of injury sustained while at, for, or under the direction of Telluride Gymnastics and CrossFit, LLC.

Policies:

- Athletes will not be allowed to participate in activities at Telluride Gymnastics and CrossFit without a signed copy and understanding of this form.
- There is an annual gymnastics registration and equipment fee of \$30.00 per family.
- Gymnastics session rates are based on sessions and will be pro-rated accordingly for gym closures, holidays, etc.
- CrossFit classes are unlimited during the month, if the gym is closed for a week, you will be pro-rated.
- All new CrossFit athletes are required to complete our Elements classes to learn and understand the CrossFit philosophy.
- There will be no refunds or credits for missed classes.
- Any make up classes must be scheduled in advance and are offered on an availability basis only.
- Telluride Gymnastics and CrossFit reserves the right to make coaching and athlete reassignments.
- We reserve the right to cancel, reschedule or combine classes if minimum enrollment is not met.
- Tuition is due before the first class of each month/session.
- A \$25 charge will be assigned for all returned checks.

Signature _____ Date _____